Put on your dancing shoes!

Come and enjoy our **free** dance sessions this Summer!
People of all ages and abilities are very welcome!
Bring a friend, or come by yourself and make some new ones!

Tea Dances:
An experienced dance instructor, Jeff Clark, will guide you through Ballroom and Latin-American steps. Free tea & biscuits provided.

The Richard Mayo Hall, United Reformed Church, Eden Street, Kingston, KT1 1HZ	**Sat 8th August Sat 22nd August Sat 29th August**	2.30 - 4.30 pm

Bollywood Workshops:
Learn Bollywood dance routines in a series of supervised sessions.

The Dance Studio, Tolworth Recreation Centre, Fullers Way North, Tolworth, KT6 7LQ	**Mon 3rd August Mon 10th August Mon 17th August Mon 24th August**	10.30 am -12.00 midday

Green Candle Dance Company:
Older people of all levels of ability & mobility are warmly welcomed to a safe, relaxed, dance session to have fun through music and movement. A dance instructor will guide you through an enjoyable, safe routine.

Devon Way Community Centre, Devon Way, (off Clayton Road), Chessington, KT9 2RJ	**Thurs 20th August**	2.00 pm – 4.00pm
Raleigh House, 14 Nelson Road, New Malden, KT3 5EA	**Thurs 27th August**	1.00pm -2.30pm
Bradbury Centre, 37b Grange Road, Kingston, KT1 2RA	**Thurs 3rd Sept**	11.30am -1.00pm
YMCA Hawker Centre, Lower Ham Road, Kingston upon Thames, KT2 5BH	**Thurs 10th Sept**	2.00 pm -3.30 pm

To find out more or to book a place for any of these free dance sessions, please contact:
Telephone: **020 8942 8256 (Grace Shorthouse, Active Living Project)**
email: **grace@ageconcernkingston.org**

or return this slip to: Grace Shorthouse, 14, Nelson Road, New Malden, Surrey, KT3 5EA

I ……would like to attend the: Tea dance/s; Bollywood workshop/s;

Green candle session/s (please circle choice) on ……(specify date/s).