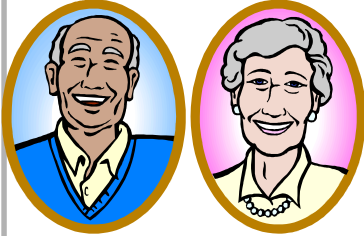


# Pilates

Tolworth Recreation Centre, Fullers Way North,  
Tolworth



Open To ♦ All



We Offer ♦ Pilates (slow and measured movements to create lean and strong muscles, improves posture, flexibility, and prevents injury)



Contact

**020 8391 7910**

[www.dcleisurecentres.co.uk/sites/tolworth/home.html](http://www.dcleisurecentres.co.uk/sites/tolworth/home.html)